SUSTAIN OUR SERVICES
TO THRIVE AND GROW

Newsletter



UPDATE FROM
THE PHOENIX RESIDENCE, INC.

Celebrating The Phoenix Residence, Inc. 40 years

FALL 2026

Made in the Shade Shines Light on Our Community



The lake was buzzing with joy and excitement as we joined six other disability service providers for our annual Made in the Shade 5K Walk, Run & Roll! The lake came alive with fun, food, and laughter as we gathered to raise awareness of the challenges faced by the individuals we support. Everyone enjoyed lunch, made their way around the lake, voted in the Art Contest, warmed up before the walk, met miniature horses, and had their faces painted. From reconnecting with old friends to welcoming new ones, the event was a joyful reminder of why this is always one of our favorite days of the year!

Thank you to everyone who came down to the lake or donated! ***This year, we raised nearly $14,185 to support our homes!***

To view all the Made in the Shade photos, visit our Facebook page at www.facebook.com/ThePhoenixResidence



Above: Michael from Western House with Assistant Program Director Jen Gottschling

Left: Bill and Diane from Ludden House with Diane's family at the event

Thank You to Our Major Sponsors!

Phoenix Level:
David and Lynn Myhr
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Prescott Therapies
Vadnais Heights Lions Club

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Kim Johnson-Calhoun
Mary Peltier
Patricia Casey
Phil Romine and Elizabeth Stoneburg
Randy and Paulene Roering
Shelley Peltier
Tom Severson

Special Shout-Out!

Thank you to **Prescott Therapies for sending a group of volunteers** to the event to help serve the food! We appreciate your help and are so glad you could join us down at the lake! Thank you!

As autumn settles in, it invites us to pause and appreciate the people and moments that make our community so special. This quarter gave us many reasons to celebrate, from honoring our dedicated staff during Direct Support Professional Week to coming together for the annual Made in the Shade 5K Walk. We are deeply grateful for the family members, supporters, and vendors who continue to stand beside us. Thank you for your continued support!

In this edition, we share stories of champions whose dedication and support strengthens our community every day. We hope their stories inspire you to make a positive difference in your own community this season. Wishing you and your family a wonderful holiday season!

Jackie Larson
Public Relations & Development Coordinator
The Phoenix Residence, Inc.

Sustain Our Services Update

You're making a difference!

THIS QUARTER: $94,927
TOTAL: $441,006



Linda from English House loves spending her days off creating artwork, like this birdhouse.

A Journey One Year in the Making

When Paul moved into Centerville House nearly a year ago, participating in everyday activities was a struggle for him. As someone with autism and obsessive-compulsive disorder (OCD), he refused daily oral cares, would cry to himself and withdraw often, and feared transitions, like going into new rooms.

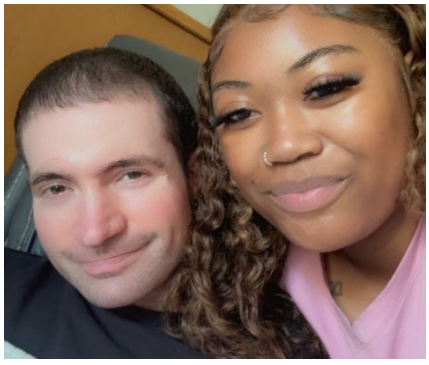
The dedicated staff at Centerville House were determined to make this a comfortable and happy place for Paul to live. Together with his parents, the staff worked to identify his triggers and developed a plan to improve them. For example, when he refused oral health care, they switched his daily schedule times, and he now accepts help brushing his teeth and taking a shower at the new times.

He's also significantly improved his health along the way. He wasn't using his treadmill at all at his crisis home. Now he uses it five days a week. All thanks to the dedication and understanding of the staff at Centerville House!

But staff are not the only ones who have noticed this positive transition! His parents, Linda and Guy, expressed their relief, because they've been able to focus more on their own health issues since this positive transformation.

Thank you to all our staff who helped with his journey!





Paul with his family and Direct Support Professional Ronique Taylor

Make a Difference This Giving Season

As we look ahead to 2027, now is the best time to get your donation in before the end of the year. Here are ways to support us while also meeting your financial and charitable goals:

- **Planned Giving** – A planned gift, such as an inheritance in your will or trust, will ensure Phoenix can continue our mission well into the future. It costs you nothing during your lifetime, but will have a big impact on our future. A simple paragraph added to your will is all it takes!
- **Required Minimum Distribution (RMD)** – Are you over the age of 73 or know a friend or family member who has a retirement plan? RMD may be the way to go!

Please be aware that we cannot provide financial or tax advice. It is advisable you consult with a financial advisor or tax professional for personalized guidance on either of these distributions.

Thank you for considering Phoenix this holiday season!