# 2023 Annual Report

*Connecting Individuals with Disabilities to Their Community* 



# About Phoenix

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Above: Joell from Furness House enjoyed her time at the Minnesota State Fair

Right: Raynisha and Hung from Viking House at the movies

### **Our Mission**

Phoenix provides support to adults with disabilities living in residential and nonresidential settings, helping them remain independent and active in their own community.

## Key Staff

President & CEO Darlene Scott

Vice President of Operations Mary Thirsten

Vice President of Community Services Alan Berner

> Financial Controller Corrie Kopischke

Director of Nursing Brandi Sterry

Director of Community Services Megan Avakian



# **Board of Directors**

## The Phoenix Residence

Jennifer Buchanan Chairwoman

Garret Colao Past Chairman

Kirsten Gregerson Secretary

Jamie Grupe Treasurer

Darlene Scott President/CEO

Jeffrey Points Director Sandra Bredesen Burrowes Director

Eric Schultz Director

Julie Nagorski Director

Elizabeth Johnson Director

Jim Woodard Director

Richard Ivance, M.D.\* Director

\*Served part of the 2023 Board of Directors term

### **Phoenix Service Corporation**

Jenny Buchanan Chairwoman

Deborah Gillis Vice Chairwoman

Irene Wright Secretary/Treasurer

Darlene Scott President/CEO Eric Schultz Director

Allison Armstrong Director

Richard Ivance, M.D.\* Past Chairman

\*Served part of the 2023 Board of Directors term

Thank you to all our board members for your guidance and support!



# Message from the President

As we reflect on the past year, I am incredibly proud of the progress we have made advancing our mission to support individuals with physical and intellectual developmental disabilities (I/DD). Our focus on community engagement has been the driving force behind many of our successes highlighted in this report.

Community participation seems to happen organically for people who do not have disabling conditions. It is simply a matter of finding an activity of interest and engaging. However, for a person with physical challenges, it requires more intentionality and planning to participate in activities. We are working diligently here at Phoenix to make our engagement in the community as seamless as possible for those we support. It is essential to work in partnership with families and other supporting organizations to employ and equip people with the required training to support individuals not only physically, but emotionally and socially as well. Ultimately helping them connect with others and tackling the barriers to engage, including workforce, transportation, and accessibility.

It is my honor to share these accomplishments with you. The heart of our work is the belief that every individual deserves the opportunity to participate fully in their community, regardless of their ability. This year, we have expanded our outreach, creating more inclusive spaces where the individuals we support can engage, contribute, and thrive. By working in partnership with others and enhancing our volunteer outreach, we have not only increased access to resources, but also raised awareness about the unique strengths and talents of those we serve.

Individuals are engaging in social gatherings with family, going to sporting events, concerts, and overnight getaways, as well as coming together to spend time with friends at our Central Office location, which has become the party hub for those desiring these activities. In this edition of the Phoenix Annual Report, we will describe some of those special moments we have celebrated in the community, including Ted working as security with one of his favorite people Shawn, Diane dancing to tunes at a concert during a weekend getaway with Michelle, The Gee brothers visiting their family in D.C. with their mother, Angela and Tanita getting dolled up to dance the night away at prom, and Mike meeting one of his favorite anchors at the State Fair, are all among stories we share in this Annual Report.

Thank you for your continued support and your partnership in our mission to help people live their best lives.

Darlene M. Scott

Darlene Scott President & CEO

# Out in the Community

Life couldn't be better out in the community! In 2023, we finally settled into our pre-COVID routine of engaging with our community members and partaking in nearby activities. We also decorated holiday cookies and played bingo at several Phoenix-wide events with the addition of a new Activities Coordinator. Thank you to all our staff who helped make this happen!

### **Community Events**

Ted from English House loved working security with his best pal, Shawn, on Labor Day weekend! Shawn, who's part of our maintenance team, works at Ziggy's in Stillwater, and brought Ted along for one of his shifts. He did what he loves to do—meeting and talking with people. He even got asked if he would like to go out for sushi sometime!





Mike from Drexel Court had the best day meeting his favorite news anchor, Leah McLean, at the Minnesota State Fair! He always makes it a point to visit the Channel 5 booth every year. It's the only station he watches and he loves greeting Leah every time she's on TV. Mike looks forward to meeting some of the other news anchors or reporters some day!

Diane from Eric's House had the time of her life during a weekend getaway trip to Mystic Lake Casino's RibFest this summer! Direct support professional Michelle took her on this adventure, where Diane's favorite activities included the concerts and playing bingo. Diane said it reminded her of the trips her mom took her on.



# Out in the Community



Angela and Tanita from Chaparral House got all dolled up to dance the night away at River Valley Project Explore's Prom. Project Explore is a local community education organization that supports and provides activities for adults with disabilities. Chaparral House has participated in several of their activities throughout the year. The women said their favorite part of the evening was the dancing. They also had a blast getting dressed up and having their hair done!

The Gee brothers from Janet Court loved visiting their family in Washington D.C. They visited the National Museum of African American History and Culture Center, the Bethesda Woodmont Triangle for dinner, and the Clarksburg Shopping Mall.

Daniel said his favorite part was going on the plane, and Kennedy said his favorite part was seeing all his family. They both also enjoyed the food they had there and being able to see the sky from the plane.





# Fundraisers & Events

We heard from so many of you that you look forward to our yearly fundraisers, and we couldn't be more thrilled to recap the incredible success of our 2023 events. From swinging clubs on the lush greens of the golf course to walking around the lake in a sea of blue t-shirts, each event brought its own unique energy and contributed to our fundraising goals.

Held at the picturesque River Oaks Golf Course, our Russ Douglas Phoenix Golf Classic drew golfers of all skill levels who competed in a friendly yet spirited atmosphere.

It was our first year back to a full tournament, after an altered golfing-only event in 2022. The tournament looked a little different as the pandemic encouraged us to rethink how we approach this event. We introduced several new features! Instead of our usual sit-down dinner and silent auction, we hosted our first-ever Social Hour and Live Auction after golfing, and it was a success!

Following the success of the golf tournament, we laced up our sneakers for our annual Made in the Shade 5K Walk, Run & Roll. The scenic stroll around Lake Bde Maka Ska showcased the beauty of our surroundings and the support of our community. We had a great time catching up with old friends and making new ones, warming up with The Firm, and enjoying music from the Skunk Hollow Band.

Adding a touch of green to our calendar, our Gertens Plant Sale bloomed with generosity and support. Green thumbs and gardening enthusiasts alike flocked to the sale, always amazed at the great quality of the plants.

Together, these three fundraisers exemplified the power of community and passion in making a difference.

We extend sincere gratitude to everyone who participated, volunteered, sponsored, or donated to these events. You truly made a difference!

### **FUNDRAISING TOTALS**

**\$41,068** from Russ Douglas Phoenix Golf Classic

**\$15,205** from Made in the Shade 5K Walk, Run & Roll

**\$4,623** from Gertens Plant Sale

\$177, 617 from Close the Gap Campaign

## **Major Sponsors**

## **Russ Douglas Phoenix Golf Classic**

### Platinum Level

Geritom Medical South Robert Street Business Association Tom Cherry and Darlene Hafner

### **Gold Level**

David and Lynn Myhr Eric Schultz John's ProCare K&L Building & Remodeling Minnesota Coaches NFP & Medica Old National Bank

### Silver Level

Darlene Scott Jamie Grupe John Kuhrmeyer & The Canopy Group

LB Carlson

Lunds & Byerlys

### Bronze Level

CBS Construction Jane Hess and Mike Kroll Mark and Judy McClellan Mary Thirsten New Coast Properties Success Computer Consulting





Above: Our sponsors enjoyed a great day on the course!

Right: Program Director Kim Phillips and volunteer Pat Callinan attended to our raffle table.



Thank You to All Our 2023 Sponsors!

## **Major Sponsors**

## Made in the Shade 5K Walk, Run & Roll

### **Phoenix Level**

Larry Quist Myhr Family Old National Bank Paul Severson

### Cardinal Level

Deb Kilgore Joseph Podolan LB Carlson Mark and Judy McClellan Mary Thirsten Steve and Cheryl Moore White Bear Lake VFW Post 1782



Above: Diane from Eric's House at the event with Program Supervisor Eucharia Sike and Direct Support Professional Sahara Hussein

Right: Suburban House with then-Program Supervisor Michelle Tinsley and Direct Support Professional Agye Agyeman-Prempeh



### Bluebird Level

Darlene Scott John's ProCare Mark and Kim Calhoun Mary Peltier Michael Krois Pat Callinan Pat Casey Shelley Peltier The Therriens Vadnais Heights Lions Club William and Mary Frances Stoneburg

### Hummingbird Level

Brandi Sterry David and Karen Olson Elizabeth Stoneburg Greg and Liz Severson James and Sandra Mishler Jennette Wasmund Justin and Katie Roering Liz and Carleton McCambridge Louise Davidson Norman and Rose Joarnt Patricia Caughron Peg Olin Randy and Paulene Roering Sandra and Stephen Burrowes Steve and Gail Severson **Tom Severson** Wally Sherseth Wendy Price White Bear Lake Lions Club

# Close the Gap Update

2023 marked five years since we launched our *Close the Gap* Campaign, and we are so grateful for all your support! With your help, we've been able to provide our direct care staff with the wages and benefits they truly deserve.

# Thank you for being a part of this effort!

Total Raised Through June of 2024:

\$1,140,492

In 2023, we used \$218,723 of the funds for wage increases for our staff.



Above: It's been incredible to see how much our Giving Tree has grown since the beginning!

Right: We joined advocates from across the state at the annual Disability Services Day at the Capitol in March.





# **Phoenix Service Corporation**

At Phoenix Service Corporation (PSC), we specialize in helping vulnerable populations find the support and services they need to lead happy and fulfilling lives and sustain independence living in their own homes. We do this through four programs: Case Management, Housing Support, Housing Stabilization Services, and Transitional Services. Here's what we've been up to in the last year!

If we were to describe 2023, it would be one of growth, development, and relationship building. We spent much of 2023, bringing in referrals, hiring new staff, building the partnerships we have, and implementing new processes along the way.

### **Diversifying Ourselves**

On the Case Management side, we submitted a request for proposal and are excited to have been awarded a contract with Washington County Case Management following a competitive process. We started building our team to work with the county, including a new Case Manager Supervisor. Work officially began in January of 2024. Altogether, we acquired 151 new clients in our Case Management program, a 27% increase, and added five new Case Management positions, a 33% increase.

"We love working with Washington County in housing and wanted to continue diversifying the people we serve," said Megan Avakian, Director of Community Services.



# **Phoenix Service Corporation**

But Case Management is not the only area we grew in! We are happy to report, we also expanded in our Housing Support and Transitional Services programs.

In our Housing Support Program, we hired one new staff in 2023 and assisted 12 more individuals experiencing homelessness, helping them find housing in Dakota, Washington, Hennepin, and Ramsey counties. During COVID, we struggled to hire staff, so this is a big win for us!

With this new staff member, our relationships with landlords and property management companies expanded, giving people a second chance at life after experiencing homelessness. Many of our landlords asked us to expand our program to new or existing buildings. In 2023, we signed on to four new property owner and developer projects.

In our Transitional Services Program, we had even more of an impact! We helped 104 people in 2023 move into their own home, up from 84 in 2022.

### Improving Our Practice

Internally, we developed new procedures to accommodate our growing team and maintain healthy financials. We incorporated new hybrid case manager positions to help cover gaps in staffing, developed better staff to manager ratios, and implemented an annual raise policy.

Additionally, we updated our office space to include more designated workspaces and encouraged our staff to work on-site more often. We wanted to provide a diverse workspace that better suits a modern office environment for our employees.

"PSC staff are enjoying the updated office space," said Megan. "We took feedback from employees on the office space and how they would use it."

Throughout 2023, we embraced new opportunities, forged partnerships, and achieved notable growth. We are excited to see what lies ahead in the coming year!



# **Phoenix Service Corporation**

## A Success Story

Mindy Nordstrom hasn't had the easiest life, but she's turned it around recently with the help of our Housing Support Program.

When we received Mindy's referral in May 2023, she had been homeless for several years after health problems took over her life. While living in transitional housing for quite some time, she continued advocating for herself to receive independent housing. And luckily, she found us!

Mindy is a thoughtful and caring person, and she just recently hit her 1-year mark in her one-bedroom apartment. She knows everyone in her building and enjoys providing them with resources and food whenever she can. Mindy shares whatever food she does not intend to eat when she returns from the food

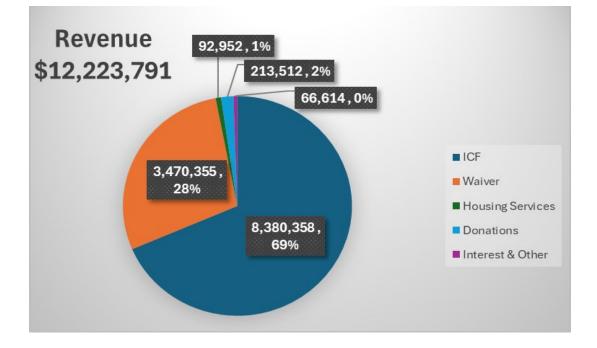


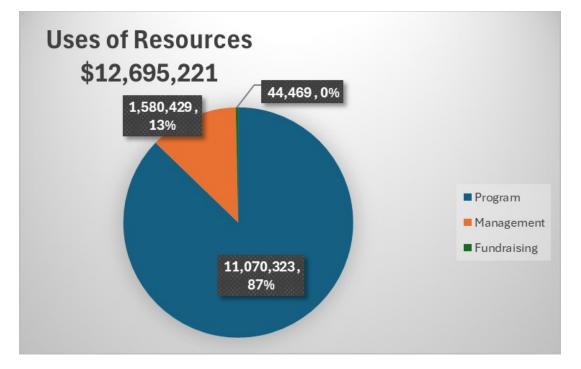
shelf. Mindy has a garden at her building; she enjoys watching it grow and sharing it with others in the building. Mindy's generosity and kindness created a welcoming environment where everyone looks out for one another.

"Phoenix has completely changed my life! They have provided me with housing support getting me into my own apartment and helping me get settled with all aspects of my life," said Mindy. "From taking me to the food shelf, to the laundromat, or anything else I need. They are so supportive and always there for me if I need any help."

# *The Phoenix Residence* **Financials**

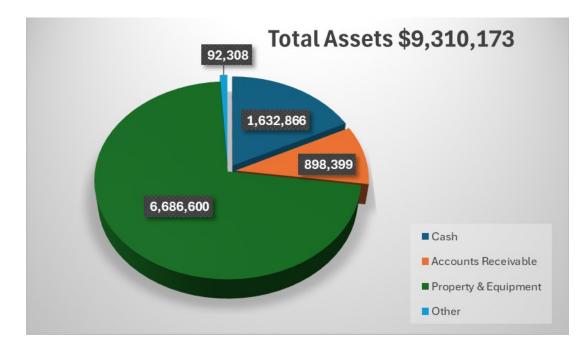
## **STATEMENT OF ACTIVITIES**

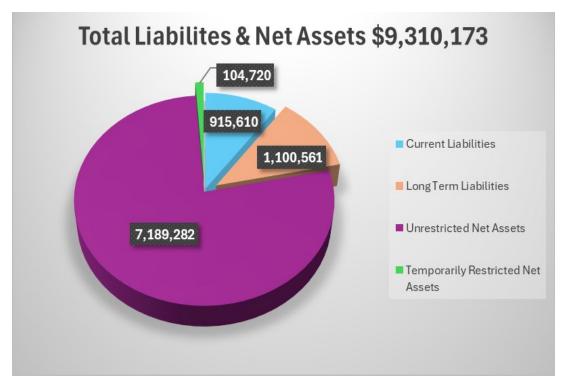




# *The Phoenix Residence* **Financials**

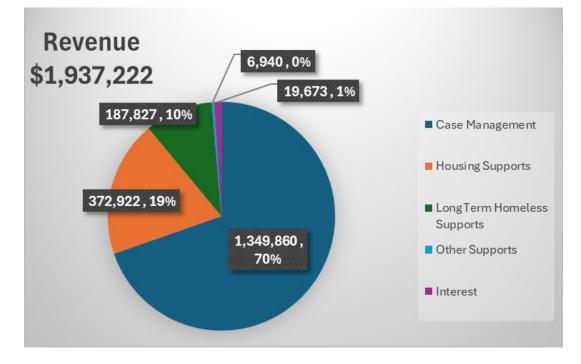
## STATEMENT OF FINANCIAL POSITION

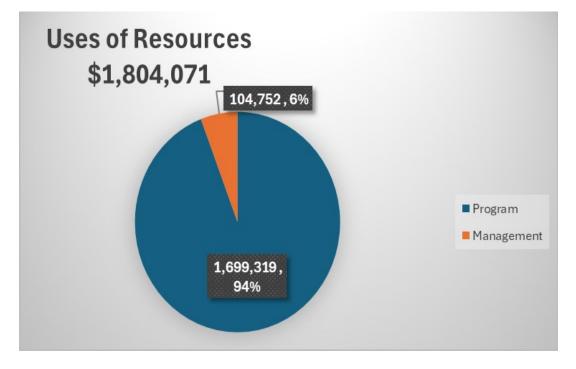




# Phoenix Service Corporation Financials

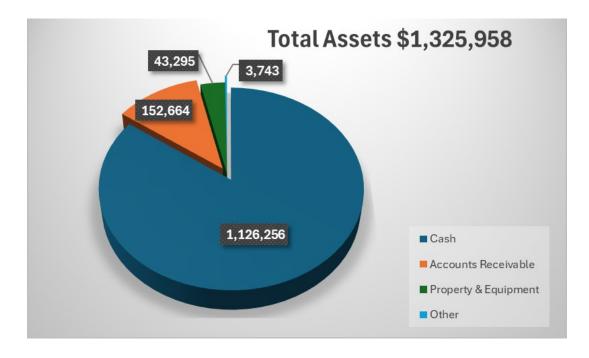
## **STATEMENT OF ACTIVITIES**





# Phoenix Service Corporation Financials

## STATEMENT OF FINANCIAL POSITION





#### \$10,000 - \$50,000

Jane Hess and Mike Kroll Pat Burns

#### \$2,000 - \$9,999

**Darlene Scott** Dave and Lynn Myhr Eric Schultz Geritom Medical, Inc. Janess Davis Janice Schneider John Bredesen Sr. John's ProCare K&L Building and Remodeling Kurt and Gina Kastel LB Carlson Linda Steinworth Mark and Judy McClellan Mid-America Marketing **Old National Bank** Paul Severson South Robert Street Business Assoc. Steve and Cheryl Moore Tom Cherry and Darlene Hafner

Donations received from January 1 - December 31, 2023.



Deb and Tanazia from Clinton House

# Thank you for making dreams come true!



Aaron and volunteer Gina from Centerville House

### \$1,000 - \$1,999

Andrew M. Collins Barb Magnuson **CBS** Construction CHS Deb Kilgore and Carl Fritsch **Derrick Banks** Greg and Liz Severson **James Patrick** Jamie Grupe Jeff and Debbie Schmitt John Kuhrmeyer Joseph Podolan Larry Quist Liz and Carleton McCambridge Lucy Tanner Lunds & Byerlys Mary Thirsten Minnesota Coaches, Inc. NFP Patricia Casey Randy and Paulene Roering Sandra and Stephen Burrowes Success Computer Consulting Tom Severson William and Mary Frances Stoneburg

#### \$250 - \$999

**Bonnie Featherstone** Bonnie Sykora Carol and Norm Linnell **Dave Douglas** Don and Sharon Rask Dona and Gene Maki Dr. David Rossmiller Gail Hassler Howard and Carol Kurten Irene Wright Jeff Martin Jody Dvorak Joe and Lauren Deeney Ken Ward Lance and Amy Broadbent Leslie Matton-Flynn Mark and Kim Calhoun Mary Peltier Medica Michael and Laurie Udenberg **Michael Krois** Mike Stapf Ned and Jean Therrien Pat Callinan Paul and Mary Bacigalupi Paul Gilbertson Robert and Linda Tjernlund **Shelley Peltier** Sherry Gray and David Blaney Steve and Gail Severson Steve and Lou Pfeiffer Tom Strutz Twin City Janitor Supply, Inc. Vadnais Heights Lions Club Wendy Price White Bear Lake VFW Post 1782

We sincerely apologize if anyone was unintentionally omitted or misspelled from this list. Please contact us at 651-294-7964 or jlarson@phoenixresidence.org so we can correct it. Thank you so much for your generous donation!

### Thank you for making a difference!



Douglas House loved celebrating Halloween!

#### \$100 - \$249

Alexandra Lape Anne Dooley **Bell Bank Mortgage Betsy Sagnes** Bob Nye **Bruce Singer** Dan and Jackie Larson David and Karen Olson Dianne and Mike Chehoski **Elizabeth Danielson Elizabeth Stoneburg and Phillip Romine** Erik and Barb Nordley Garret Colao Gary Reagan Geoff and Kaylene Roering George W Martin III Living Trust Greg and Gayle Steiner **Gregory Hames** Helen Koland James and Sandra Mishler James and Susan Finell Jeff Crawford Jeff McDonald **Jeff Points** Jennette Wasmund Jody Curl Josephine Bredesen Joyce Bezdichek Justin and Katie Roering Karen and Graham Cameron Karen Steiner Kathleen and Michael Ebinger







*Top: Bruce from Foss House with Program Supervisor Lakeshia* 

Middle: Sameera from Viking House making a pizza

Bottom: Bill and Lannae from Douglas House at Monster Jam

### \$100 - \$249

Kathleen Karsko Keith and Kathleen Rainford Kirsten and Eric Gregerson Linda and Dennis Bauchwitz Louise Davidson Lynn Bradshaw Mark Jaszewski Michael Boo Mike and Marti Green Nancy Walsh Norman and Rose Joarnt Patricia Caughron Paul Coons Peg Olin Polly Fox **Riverview Promotions RJ** Zayed Susan Quist and Dale Hulme Theresa Lippert Wally Sherseth WCMC White Bear Lake Lions Club Yulia Borisova and Daniel Razumov

### Up to \$99

Al and Midge Nedohon Anneliese Adams Annette Nesseth Barbara Green Ben Pierce Beth Galde Cecily Brown Dan Lippert Daniel and Karen Landgren David Schiller **David Somers** Elaine Hutchinson Ellen Lippert-Zmyslo Fran and Linda Pierce Gail Weber Heidi Brewer Howard and Akiko Bureau

## Thank you for your support!

### Up to \$99

Jackie Murphy Nowaczewski Jan Schumacher Jeremy Caughron Jim Wibbens and Susan Buchanan John Mader Joseph and Nancy Zschokke Julie Bromenschenkel Ken Bence Kendra Nielsen Larry Burns Laura Emerson Laura Linnemever Lisa Brown Maggie Klaassens Margaret and James Duevel Margaret Schiller Mark and Linda Goddard Mary and Daniel Murray Mary Kay Hokanson Mary Troyer Matt and Jenna Severson Matt Spector Nancy Galligan Nikki Carson Pam Jackson Pam Kranz Pat Burke Paul Steger Pete and Annie Green Queen Esther Chapter 26 Quinn and Jen Schmitt **Richard and Nancy Bulthuis** Robert and Sharon Thibault **Robert Shingledecker** Rosemary Leopold Sandra Thompson Scott Madsen Susan Winterhalter Gannaway Thomas and Mary Bezdichek Tim and Kathryn Lippert Tina Hayes Tom and Erin Linnell XCEL Energy

# Thank you for making the world a better place!

#### **Memorials**

#### In Memory of Regina Turbes

Annette Nesseth Barbara Green Cecily Brown Dan Lippert **Darlene Scott** Elizabeth Danielson Ellen Lippert-Zmyslo **Gregory Hames** Karen and Graham Cameron Kathleen and Michael Ebinger Laura Emerson Margaret and James Duevel Mary and Daniel Murray Mary Thirsten Mike and Marti Green Nancy Galligan Pat Burke Pete and Annie Green Theresa Lippert Tim and Kathryn Lippert

In memory of Billy Martin Carol and Norm Linnell

**In Memory of Barbara Yoch** Howard and Akiko Bureau

### Honorariums In honor of Sarah Hansen RJ Zayed



### In Memory of Larry Quist

Al and Midge Nedohon Anne Dooley Beth Galde Darlene Scott David Schiller Jim Wibbens & Susan Buchanan Julie Bromenschenkel Mary Thirsten Sherry Gray and David Blaney

#### In Memory of Kris Dyrhaug

Alexandra Lape Dave Douglas Mary Thirsten Robert and Sharon Thibault Sandra Thompson

#### In Memory of Marissa Bourdage

Pam Jackson Polly Fox

#### In memory of Sally Miller

Greg and Gayle Steiner

**In memory of Pat McDonald** Greg and Gayle Steiner

In Memory of Kathy Gilbertson & Family Paul Gilbertson

> Left: English House enjoyed our annual Holiday Singalong. Thank you to the Capetz family for joining us!

### **In-Kind Donations**

Alan Berner Alexis Bailly Vineyard Barb Husaby Bill and Sandy Husaby Carol and Norm Linnell Castle Danger Brewing Co. Dan and Jackie Larson Darlene Scott Elaine Hutchinson Great Lakes Aquarium **History Theatre** Hotel Crosby Jenny Buchanan Keys Café Kim Guderjan Kim Phillips Lance and Amy Broadbent Lisa Brown Mary Thirsten MatchStick Restaurant & Spirits Nikki Bechel Paul Severson Plaza TV & Appliance Portside Stillwater **River Oaks Golf Course** Sandy Husaby Sarah Hansen Shelley Peltier Southview Country Club Superior National Golf Course The O'Shaughnessy Theater The Saint Paul Hotel Waldmann Brewery Ziggy's on Main

Donations received from January 1 - December 31, 2023.



Thanks to your commitment and generosity, we provided the individuals we support with the person-centered care they deserve. We could not have done this without you, so thank you for supporting us!

From All of Us Here at The Phoenix Residence, Inc. and Phoenix Service Corporation



Michelle from Viking House enjoyed some ice cream at a Twins game.



The folks at Lydia House loved viewing the fall colors on a train ride along the Saint Croix River Valley.

### Contact Us

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www.phoenixresidence.org | www.phoenixservicecorp.org

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