

2024 Art Contest Winner



Artist: Bob K. from TSE



Event Location

Thomas Beach
Lake Bde Maka Ska (Calhoun)
Minneapolis, MN 55410

PAI



Wingspan



EGH



PRI



TSE


made in the shade
Benefiting People with Disabilities **Walk, Run & Roll**



Supporting Individuals with Disabilities

Saturday, September 20, 2025

9:30am-12:00pm

Thomas Beach

(Lake Bde Maka Ska)

Supporting the work of





Schedule of Events

- 9:30 a.m. Check In on West Side of Thomas Beach (between Xerxes & Washburn)
- 10:00 a.m. Program
- 10:20 a.m. Warm Up
- 10:30 a.m. Walk, Run, and Roll Start
- 11:00 a.m. Post Event Celebration Lunch (Grilled by New Hope Lions) and Live Music by the Showstoppers



Make a Donation Today!

www.phoenixresidence.org/give/donate.html



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@madeintheshade5k

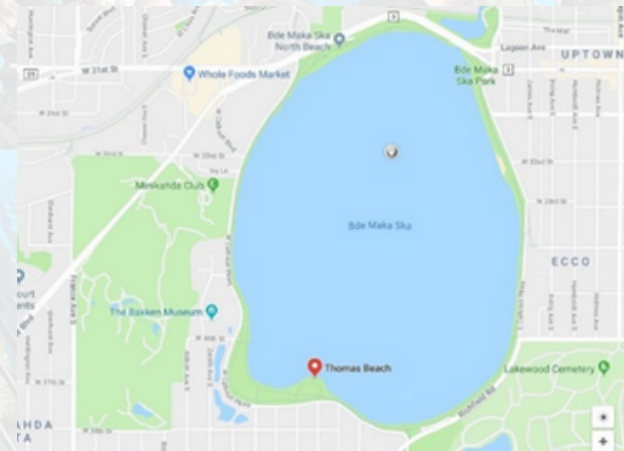


Questions?

Contact Jackie Larson at 651-294-7964 or jl Larson@phoenixresidence.org or visit our website at phoenixresidence.org/events/made-in-the-shade-2025.html



Getting to Thomas Beach



**Address: 3700 Thomas Ave S
Minneapolis, MN 55410**

Thomas Beach is located on the south side of Bde Maka Ska. Parking is available on city streets around the lake. There will be a "drop-off" area at the Thomas Beach pay lot staffed by MITS volunteers. For bus info, call Metro Transit at 612-373-3333 or go to www.metrotransit.org. Be sure to provide the address above if calling Metro Mobility for rides.