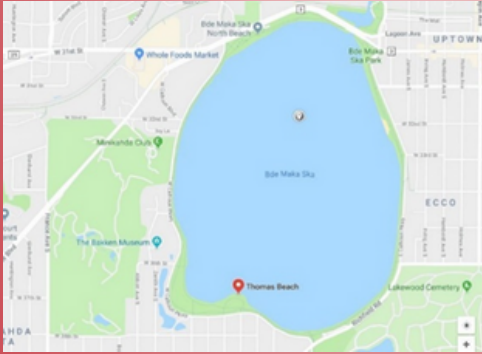


Getting to Thomas Beach



**Address: 3700 Thomas Ave S
Minneapolis, MN 55410**

Thomas Beach is located on the south side of Bde Maka Ska. Parking is available on city streets around the lake. There will be a "drop-off" area at the Thomas Beach pay lot staffed by MITS volunteers. For bus info, call Metro Transit at 612-373-3333 or go to www.metrotransit.org. Be sure to provide the address above if calling Metro Mobility for rides.



PAI



Wingspan



TSE


made in the shade
Benefiting People with Disabilities **Walk, Run & Roll**



Supporting Individuals with Disabilities

Saturday, September 21, 2024

9:30am-12:00pm

**Thomas Beach
(Lake Bde Maka Ska)**

Supporting the work of



made in the shade

Walk, Run & Roll
Benefiting People with Disabilities

Schedule of Events

- 9:30 a.m. Check In @ West side of Thomas Beach (between Xerxes & Washburn)
- 10:00 a.m. Program/Stage
- 10:20 a.m. Warm Up/stage area
- 10:30 a.m. Walk, Run, and Roll start
- 11:00 a.m. Post Event Celebration Lunch (Grilled by New Hope Lions) and live music by the Showstoppers

Raise Money Online for The Phoenix Residence Inc

<https://www.phoenixresidence.org/give/donate.html>



@ThePhoenixResidence
@madeintheshade5k



For more information contact
Jackie Larson
jl Larson@phoenixresidence.org
651-294-7964
or visit
phoenixresidence.org/events/made-in-the-shade-2024

**To ensure your information is included in promotional materials and t-shirt design, please make your sponsorship pledge by July 31, 2024*



2024 Art Contest Winner



Artist from PAI Linden

