

2025 Art Contest Winner



Artist: Rachel P. from PRI



Event Location

Thomas Beach
Lake Bde Maka Ska (Calhoun)
Minneapolis, MN 55410



For more information contact
Jackie Larson at
651-294-7964 or
jl Larson@phoenixresidence.org,
or visit
phoenixresidence.org

**To ensure your information is included in promotional materials and t-shirt design, please make your sponsorship pledge by July 31, 2026*



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Spanish: Servicios de asistencia lingüística están disponibles sin costo. Llame al 651-646-3846.

Hmong: Muaj kev pab txhais lus pub dawb. Hu rau 651-646-3846.

Somali: Adeegyada turjumaadda waa bilaash. Wac 651-646-3846.



Supporting Individuals with Disabilities

Saturday
September 19, 2026
9:30am-12:00pm



made in the shade

Walk, Run & Roll
Benefiting People with Disabilities

Schedule of Events

- 9:30 a.m. Check In @ West side of Thomas Beach (between Xerxes & Washburn)
- 10:00 a.m. Program/Stage
- 10:20 a.m. Warm Up led by trainers from the The Firm/stage area
- 10:30 a.m. Walk, Run, and Roll start
- 11:00 a.m. Post Event Celebration Lunch (Grilled by New Hope Lions) and live music by the Showstoppers



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for The Phoenix
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<https://www.phoenixresidence.org/give/donate.html>



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PAI



TSE



EGH



Phoenix
Residence

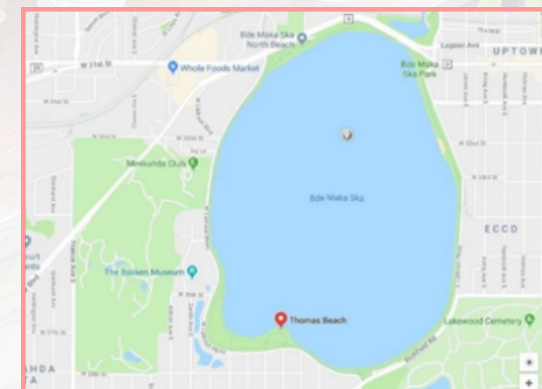


PRI



Wingspan

Getting to Thomas Beach



Address: 3700 Thomas Ave S
Minneapolis, MN 55410

Thomas Beach is located on the south side of Bde Maka Ska. Parking is available on city streets around the lake. There will be a "drop-off" area at the Thomas Beach pay lot staffed by MITS volunteers. For bus info, call Metro Transit at 612-373-3333 or go to www.metrotransit.org. Be sure to provide the address above if calling Metro Mobility for rides.