# The Phoenix Residence

Annual Report 2017



# A Home of Your Own

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# Message from the President

### A Home of Your Own

A home of your own seemed like a pie-in-the-sky goal for a person with mental or physical disabilities a decade or two ago. However, with the landmark case Olmstead v. LC and EW, filed in 1995 and settled in 1999, mandating that individuals with mental and/or physical disabilities be served in the most integrated community setting, the reality of their own home seemed a bit more realistic. Here in Minnesota, refocusing on Olmstead and its principles due to the Jensen versus DHS lawsuit, and a shift in policy regarding how funding for housing is accessed, a home of your own is a real option for people with disabilities—and it is one of the next big initiatives for The Phoenix Residence (PRI).

As we look to the future, we have identified three Strategic Initiatives: Person-Centered Services, Workforce Solutions, and Business Modeling for a Sustainable Future. We will elaborate more on our Strategic Plan later in this publication.







A major priority for Phoenix is making affordable housing available to individuals with disabilities and individuals experiencing homelessness. We see a focus on housing as the avenue to help people live a life of choice with as much independence as possible. We are working with Phoenix Service Corporation (PSC), our sister corporation, to expand housing to people who have a desire to live in their own place.

We are delighted to report that Phoenix is serving several individuals in their own homes with a lease in their name! PRI and PSC are enrolled with the Department of Human Services and under contract to provide Housing Support Services as a Group and/or Community in four counties, and we look to continue expanding as opportunities are presented.

Throughout the next two pages are success stories of individuals now living in their own home or 4-bed home with others as they work toward pursing their dreams.

In order to make housing available to individuals with low income, little or no credit, or rental history, we must partner with landlords who are willing to rent to people who might not otherwise qualify for a traditional rental unit. In addition to housing, we need employees willing to go into people's homes to support them. All providers are facing a struggle here in Minnesota and throughout the country, due to low unemployment rates and an unprecedented workforce shortage that makes this work even more challenging. When we see the difference that it makes in the lives of the people we support, it makes all of the monumental hurdles worth every effort!



Darlene Scott President & CEO The Phoenix Residence



### **Individual Stories**

### A Home of Your Own

#### Richard Howell

I would like to introduce you to Richard. Life wasn't so generous to him in his early days. Not only did he suffer a heart attack, but he endured a grueling divorce. Subsequently, Richard became homeless after this health crisis.

Before coming to Phoenix, Richard described his life as "cold." He was living in his car, which occasionally broke down, therefore causing him to miss medical appointments and have many encounters with law enforcement. On top of that,

"I have had the most help
I've ever received over the
last five years ... I wouldn't be
here without you."

Richard Howell
Individual living in his own home

his health wasn't in the greatest shape either. "My feet were so swollen that they (the doctors) were getting ready to amputate them."

It was then, that Richard was at his breaking point. He couldn't live like this any longer! He reached out for assistance, but it wasn't that easy. His first provider wasn't a good match—he recalled that people there were on drugs and the program just wasn't working for him.

Through the help of his case manager, he found Phoenix! And he's never looked back since! Richard came to Phoenix in March 2018 and moved into his own apartment. This apartment, more so than anything else, provided him stability to *get his life back on track*.

He's been able to set-up and follow through with appointments, and get his health back under control through healthy eating and consistent diabetic testing. "Once I got here and I got my diabetes meter ... a lot of my medical stuff is starting to change. My health is better, my body feels better."

Richard only hopes to move forward from here. His goal is to build up his rental history, eventually moving into a larger apartment without the support of the programs.

### **Gary Young**

Gary Young, another individual we serve through the program, has a similar life story. Before he came to Phoenix, he had been homeless for 3-4 years, riding the train, sleeping in parks or the skyways. "Life was hard before. I was just trying to find help."

Then, in July 2018, an outreach worker helped him find Phoenix. And the rest is history. Now that he has his life back on track, Gary plans to keep moving in the right direction. He recently started a new job and hopes to get a car in the near future.

"This program is great. I feel like I'm getting on track now," Young said. "I'm living day to day, living life. Things are going really good so far."





### **Individual Stories**

### A Home of Your Own

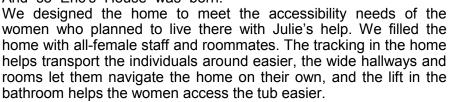
### Julie Stapf

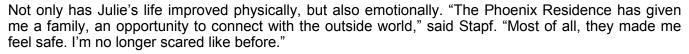
Not only are we making housing accessible for those in our independent apartments, we're also making dreams come true in our 4-bedroom community residential homes. Meet Julie who lives at Eric's House. Julie came to Phoenix in March 2014 from a previous provider.



Before The Phoenix Residence, Julie lived in a place where she felt very lonely and ignored. "I used to live in a house with other individuals who were not friendly," said Stapf. "I used to just sit by myself and sometimes staff didn't even check on me. I was very scared and didn't really go places."

And so Eric's House was born.





Since moving into Eric's House, Julie has retired from her job and staff help her choose activities to participate in during the week. She's also purchased a computer and an iPad, which she uses for her games. "Now, I have my own cell phone, which is like a dream come true."



And Julie has big plans for the future. She is thinking about the possibility of marrying one day. She also wants to travel to all 50 states someday, and thanks to her program manager, she can check Wisconsin and South Dakota off the list. For now, she's enjoying life at Eric's House and uses her Gait Walker three times a week for exercising, hoping to gain more strength in her legs.

"I love the Phoenix Residence and I love my home," Stapf concluded. "It's like a family here at Eric's House. We listen to good music and share good laughs. We play games and [sit] outside on the patio and barbecue. Most importantly, I get to do what I want. It's always my choice."



## Strategic Updates

# 2017: A Year of Reflection and Development for The Phoenix Residence

In 2017, we reviewed our Strategic Plan and developed new goals based on the feedback we received through a series of retreats. We identified early in the process that we wanted to focus on three core areas, so we utilized a group of our leadership team, board members, and other partners to help us develop a path in achieving success in these areas. For each of our goals, we developed a workgroup charged with examining the challenges we face in this area and leading the changes needed to enhance organizational success. The workgroups and subsequent goals include:

#### Workforce Development:

Workforce challenges affect all parts of our organization and services on a daily basis. Phoenix is dedicated to sustaining and expanding its workforce through creative compensation, retention, and recruitment strategies. The group is identifying challenges in our current process and working to address those as well as develop new ideas on how to target recruitment moving forward. In addition, this group will look for ways to provide additional career advancement opportunities and how we can utilize staff members' unique talents here at Phoenix.

#### Sustainable Future:

Despite the challenges we face, Phoenix is continually looking for ways to further meet the needs of our community. This workgroup is examining Phoenix's future and where we should go from here. Discussions have evolved around expanding our independent housing program, exploring the option of supporting people with autism as well as other services we could market.



### **Development of Person-Centered Services**

We have been working on this initiative for a number of years, but we really honed in on it this past year. In order for us to be able to serve people in the best manner possible, we need to be able to understand the core values of Person-Centered Care and communicate that through the entire organization. We also recognize our changing workforce places a premium on our ability to teach/train this concept in a manner where people can apply it to their work quickly. This workgroup is developing a common definition of what Person Centered is and how we can make that definition an everyday part of the work at Phoenix. The workgroup is also focusing on integrating this further into our culture and identifying barriers to this approach.



## Technology at Phoenix

At the head of all three of these initiatives, technology will pave the way in supporting people to live their best lives possible. It will give them access and the ability to interact with their community like we do every day. Furthermore, it will be a vital resource in our ability to effectively provide services in the most efficient and cost-effective manner as possible.





We are continuing to explore Smart Home technology and the role Alexa can play in our homes. Individuals are now able access their home in new ways—by not having to rely on staff to help them as they've done in the past. Individuals are also using the internet and iPads for Skype more often in several of our homes.

Additionally, we are exploring alternative ways to give medications. With medication-passing devices, individuals have more independence in taking their own meds, while still experiencing the accuracy and accessibility they've always had. While we have yet to implement this organization-wide, we are exploring the possibilities.

We have been ambitious in piloting potential benefits technology can have in our spaces. As we move forward, we'll continue to keep that conversation at the forefront as we problem-solve challenges and help people realize their best life.



# **Fundraisers**

### 2018 Golf Tournament is a Big Success!

The Phoenix Residence held its annual Russ Douglas Phoenix Golf Classic on June 11, 2018 at the River Oaks Golf Course in Cottage Grove. This year marked the 19th year of our annual tournament.

A BIG thank you to everyone who made the 2018 Russ Douglas Phoenix Golf Classic such a huge success! Amidst the cloudy skies, our 87 golfers only ran into a few short sprinkles throughout the day. After a busy day of golfing, the golfers outbid each other in this year's Silent Auction and enjoyed themselves over dinner and a short program.

Thank you to all major sponsors, golfers, volunteers, family members, staff, and those who donated to the Silent Auction and Wall-of-Wine for all of your support of our golf tournament and the organization! Also thank you to River Oaks Golf Course for hosting us once again.

### Thank you to all our donors and sponsors!



### **Major Sponsors**

**Platinum Level**CBS Construction

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Family of Paul Dwyer
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#### **Bronze Level**

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K & L Building and Remodeling
Lunds & Byerlys
Mark and Judy McClellan
Minnesota Coaches, Inc.
Steve and Lou Pfeiffer



# **Fundraisers**

**Russ Douglas Phoenix Golf Classic** 

# You Helped Us Raise \$37,350





### Save the Date for Next Year!

Russ Douglas Phoenix Golf Classic 2019

June 10, 2019

With the Help of...



Thank you to Kate Dwyer for sharing your family's story.



Thank you to all our sponsors!

21 Sponsors

21 Volunteers

74 Silent Auction Donations



## **Fundraisers**

#### Gerten's Flowers Bloom at Phoenix

Every year, we soar to the sky with the Gerten's Spring Plant Sale—and this year was no exception! This was our fifth year hosting the Gerten's Plant Sale, and each year we receive more and more exceptional feedback from our customers. Thank you to everyone who purchased flowers during our annual Gerten's Fundraiser! This year, we raised **over \$4,400**.

This fundraiser wouldn't be possible without the support of our Phoenix network! We thank each and every one of you.



#### **Shout Out!**

Special recognition goes out our English House. We started this fundraiser in 2013 as a trial run with our English House—and ever since then, they've hit it out of the ballpark. Their flower sales continue to rise and they are still a drop-off host site every year. Thank you to everyone who supported and helped the English House with this fundraiser!



### Straight from our Supporters

"Every year we look forward to receiving the email in early March from Phoenix with their Gerten's Plant Sale order form! SPRING IS COMING! The order process is easy, the pickup/delivery is GREAT, and the plants are BEAUTIFUL! I love this fundraiser and tell my friends and family each year where I get the majority of my beautiful plants for our yard. Thank you Phoenix Residence for your fundraiser!"

Lynne and Kevin Megan, TSE, Inc.

"National Handicap Housing for the past two years have gotten all its summer flowers from the Phoenix Plant Sale. The planters are fabulous. We buy around 50 planters that get distributed to our 13 properties. Every year our residents comment how beautiful they are and how they look forward to them coming. The whole process of ordering and delivering is so easy. Thank you Phoenix for making this so easy."

Mike Semsch, National Handicap Housing Institute, Inc.



#### A Heartfelt Thank You to All Our 2017 Donors!

#### \$5,000

**CBS** Construction Geraldine Hess

#### \$2,500-\$4,999

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Geritom Medical, Inc.

Jeff Schmitt

John Kuhrmeyer



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Julie Perlinger

Karen Olson

Katherine Dwyer

Kirsten and Eric Gregerson

Larry Quist

Leeann Leitch

Donations received from January 1 - December 31, 2017.

The Phoenix Residence sincerely apologies if anyone was unintentionally omitted from the donation list. Thank you for your generous donation!



#### A Heartfelt Thank You to All Our 2017 Donors!

#### \$100-\$499

Leigh and Grant Barrette

Linda Nordstrom

Liz McCambridge

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Mark and Jacquelyn Braun

Mark and Judy McClellan

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Pat Burns

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Carl Kuhrmeyer

Cheryl and Steve Moore

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Jackie Larson

Jamie Berner

Jenny Buchanan

Jo and Lucius Foster

Joanne and Craig Swanson

Joe and Carrie Nordstrom

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Samantha Finegold

**Scott Clements** 

Sue and Alan Shuler

Tom and Cheryl Berner

Tom Severson

Travis Kefer and Nicole Mellum

Wendy Price

#### Grants

Hubbard Broadcasting Foundation

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### A Heartfelt Thank You to All Our 2017 Donors!

#### **In-Kind Donations**

A. Johnson & Son's

**Abdallah Candies** 

Anoka County Parks &

Recreation

Barb Husaby

Bell Bank

Bill and Sandy Husaby

Bluestone

Blvd. Bar and Grill -

West St. Paul

Bowlero Lakeville

Brave New Workshop

Breadsmith

Buca di Beppo

Café Latte

Cannon River Winery

Canterbury Park

Chanhassen Dinner Theatre

Cheers Pablo

City of Saint Paul Police Station

Coborn's Delivers

Color Me Mine

ComedySportz

**Comfort Suites** 

Commanding Edge

Commercial Steam Clean

Culvers

DeGidio's

Festival Foods

Fireside Lounge

Gerry's Fire & Safety

Gerten's

Grand Casino Hinckley/Mille Lacs

**Grandma's Restaurant Company** 

**Great Lakes Aquarium** 

**Great Moon Buffet** 

**Great Water Brewing Company** 

**Guthrie Theater** 

Holiday Gas Station

Innovative Office Solutions

Joe Mauer Donations

John's ProCare

Joke Joint

Joseph's Grill - West St. Paul

Kwik Trip

Lunds & Byerlys

Mall of America

Mama's on Rice Street

Mancini's

Maria Duwenhoegger

Mark Braun

Massage Envy - Highland Park

Metro Sales

Minneapolis Institute of Art

Minnesota Historical Society

Minnesota Landscape Arboretum

Minnesota Lynx

Minnesota Orchestra

Minnesota State Fair

Minnesota Twins

Minnesota Vikings

Mississsippi Market

Mystic Lake Casino

O'Gara's Bar and Grill

Old Log Theatre

Panera Bread

Park Square Theater

**Pearson Candy** 

P.F. Chang's

Plaza TV & Appliances

Donations received from January 1 – December 31, 2017.



#### A Heartfelt Thank You to All Our 2017 Donors!

#### **In-Kind Donations**

Prairie's Edge Casino

Punch Pizza

Reliable Medical

River Oaks Golf Course

Rocco Altobelli

Ruttger's Bay Lake Lodge

SevenClans Casino

Southview Country Club

St. Paul Harley-Davidson

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Stagecoach Brewing Company

**Stages Theatre Company** 

Steve Pfeiffer

Stevie Ray's

SuperAmerica

Surly Brewery

Tav on the Ave

The Commodore

Total Wine & More

Trader Joe's - St. Paul

Valleyfair

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Vertical Endeavors

Walt Disney World

Wheel of Fortune

Wild Mountain

Wilson Tool

Wuollet Bakery



### **Memorials**

In Memory of Mike Houle

Pat Callinan

In Memory of Eric Nordstrom

Linda Nordstrom Mark Hines

In Memory of Greg Robeck

Pat Callinan

In Memory of Daniel Ehlenz

**Judy Collins** 

In Memory of Mary Claire Schmitt

Jeff Schmitt

In Memory of Mike Fournelle

Cannon Equipment Company Mary Thirsten

Pat Callinan

In Memory of Suzy Gray

Helen and Brian Blaney Mary Thirsten

In Memory of Russ Douglas

**Dave Douglas** 

In Memory of Don Bond

Pat Callinan

In Memory of Karl Schneider

Janice Schneider

Donations received from January 1 – December 31, 2017.



# **Financials**

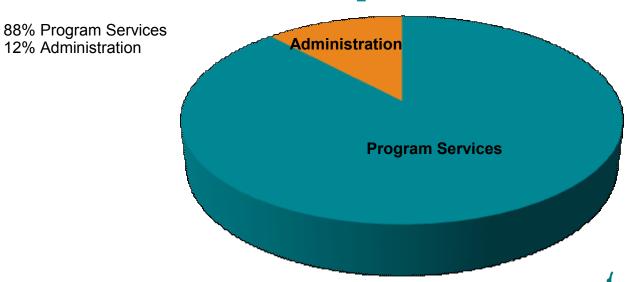
### Statement of Financial Position

### Statement of Activities

Assets	<i>2017</i>	2016	Revenue & Support	2017	2016
Cash	\$715,496	\$616,854	Program Services	\$10,536,789	\$10,562,556
Accounts Receivable	\$899,301	\$942,896	Donations & Special Events	\$121,041	\$126,412
Property & Equipment	\$6,883,541	\$6,607,777	Interest & Other	\$41,551	\$35,599
Other	\$32,812	\$31,000	Total Revenue	\$10,699,381	\$10,724,567
Total Assets	\$8,531,150	\$8,198,527			
			Expenses		
Liabilities and Net Assets			Program Services	\$9,336,712	\$9,043,747
Current Liabilities	\$577,520	\$587,600	Administrative Expense	\$1,193,668	\$1,153,779
Long-Term Debt	\$396,363	\$191,461	Fundraising	\$31,199	\$26,779
Total Liabilities	\$973,883	\$779,061	Total Expenses	\$10,561,579	\$10,224,305
<b>37</b> . 4			<b>.</b>	<b>440-</b> 000	
Net Assets			Change in Net Assets	\$137,802	\$500,262
Unrestricted	\$7,523,381	\$7,084,908			
Temporarily Restricted	\$33,886	\$334,558			

Total Liabilities and Net Assets \$8,531,150 \$8,198,527

# 2017 Expenses



# **Board of Directors**

# Thank you to all our board members for your time and commitment to The Phoenix Residence!

Steve Pfeiffer Chairman

Richard Ivance, M.D. Vice Chairman

Jim Hughes Treasurer

Jean Schmidt Secretary

Derrick Banks Director

Kirsten Gregerson Director

Eric Schultz Director Jenny Buchanan

Director

Garrett Colao Director

Julie Nagorski

Director

Jamie Grupe Director

Jeffrey Points Director

Darlene Scott President/CEO

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